

SUPPER AT STOKES CAFE

MAY 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
CHEESE QUESADILLA RED BEANS & RICE APPLES MILK, 1% Lowfat MILK, Skim	CHICKEN NUGGETS VEGAN NUGGETS ROASTED BROCCOLI ROLLS APPLES MILK, 1% Lowfat MILK, Skim	SALISBURY STEAK SALISBURY TOFU CORN CUP BROWN RICE PEARS MILK, 1% Lowfat MILK, Skim	CHICKEN NUGGETS VEGAN NUGGETS ROASTED CARROTS PLUMS ROLLS MILK, 1% Lowfat MILK, Skim	PASTA W/ RED SAUCE AND MOZZARE ROASTED CAULIFLOWER APPLESAUCE MILK, 1% Lowfat MILK, Skim
9	10	11	12	13
RED BEANS & RICE SHREDDED LETTUCE CUP ROLLS ORANGES MILK, 1% Lowfat MILK, Skim	CHICKEN TENDERS TOFU NUGGETS ROASTED CARROTS ROLLS ORANGES MILK, 1% Lowfat MILK, Skim	PASTA W/ RED SAUCE AND MOZZARE ROASTED BROCCOLI PEARS MILK, 1% Lowfat MILK, Skim	OVEN FRIED CHICKEN BAKED TOFU BROWN RICE PLANTAINS APPLESAUCE MILK, 1% Lowfat MILK, Skim	CHEESE QUESADILLA WHITE RICE BLACK BEANS APPLESAUCE MILK, 1% Lowfat MILK, Skim
16	17	18	19	20
CHICKPEA CURRY BROWN RICE ROASTED CARROTS APPLES MILK, 1% Lowfat MILK, Skim	CHICKEN NUGGETS VEGAN NUGGETS CORN CUP ROLLS ORANGES MILK, 1% Lowfat MILK, Skim	PASTA W/ RED SAUCE AND MOZZARE ROASTED BROCCOLI PEARS MILK, 1% Lowfat MILK, Skim	CILANTRO LIME CHICKEN CILANTRO LIME BAKED TOFU BROWN RICE ROASTED ZUCCHINI TANGERINES MILK, 1% Lowfat MILK, Skim	CHEESE QUESADILLA BLACK BEANS APPLESAUCE MILK, 1% Lowfat MILK, Skim
23	24	25	26	27
CHEESE QUESADILLA RED BEANS & RICE APPLES MILK, 1% Lowfat MILK, Skim	CHICKEN NUGGETS VEGAN NUGGETS ROASTED BROCCOLI ROLLS APPLES MILK, 1% Lowfat MILK, Skim	SALISBURY STEAK SALISBURY TOFU CORN CUP BROWN RICE PEARS MILK, 1% Lowfat MILK, Skim	CHICKEN NUGGETS VEGAN NUGGETS ROASTED CARROTS PLUMS ROLLS MILK, 1% Lowfat MILK, Skim	PASTA W/ RED SAUCE AND MOZZARE ROASTED CAULIFLOWER APPLESAUCE MILK, 1% Lowfat MILK, Skim
30	31			
NO SCHOOL TODAY	CHICKEN NUGGETS VEGAN NUGGETS CORN CUP ROLLS ORANGES MILK, 1% Lowfat MILK, Skim			

MENU SUBJECT TO CHANGE.